



EquineMassage

Natalie Smith Phone: 0411 113 045

Email: natalie@equinemassage.com.au

Website: equinemassage.com.au

INTRODUCTION TO MASSAGE & SADDLE FITTING FOR THE HORSE OWNER

**ONE DAY CLINIC ON SUNDAY 23rd SEPTEMBER AT
"PENROBAN" 8 WEEM FARM ROAD, GROSE VALE**

WHAT YOU WILL LEARN:

- Why it's important to look after your horses muscles
 - Chiropractic v massage
 - Equine & human athlete similarities
- Basic Gait Analysis
- Alternative Therapies
- Signs of soreness
- Massage moves and Stretches
- Saddle Fitting
 - Saddle placement
 - Sweat marks
 - Importance of accessing saddle fit whilst horse is in motion
 - One saddle will not necessarily fit every horse, even with a changeable gullet



FACILITATOR: NATALIE SMITH

Natalie has been an accredited Equinology Equine Body Worker since 2004. She is a founding member of the International Equine Body Workers Association (IEBWA) Australian division. She has a successful Equine Massage business servicing clients in the Hawkesbury and Hills District of Sydney, through to the Central Coast and up into the Hunter Valley and Port Stephens areas.

Sunday 23rd September, 2018 - 10:00am – 4:00pm

Hosts: Kathy Shelley – "Penroban" 8 Weem Farm Road, Grose Vale

(Only 15 minutes from Richmond)

Cost: \$180.00

Contact: Natalie Smith Ph: 0411 113 045 or Kathy Shelley Ph: 0412 768 950

OR Email penroban@bigpond.com / natalie@equinemassage.com.au for a registration form.

Morning tea included.