



EquineMassage

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INTRODUCTION TO MASSAGE & SADDLE FITTING FOR THE HORSE OWNER

ONE DAY CLINIC ON SATURDAY 10TH NOVEMBER AT
"CATHALLEN PARK" BUSHHELLS RIDGE ROAD, WYEE

WHAT YOU WILL LEARN:

- Why it's important to look after your horses muscles
 - Chiropractic v massage
 - Equine & human athlete similarities
- Basic Gait Analysis
- Alternative Therapies
- Signs of soreness
- Massage moves and Stretches
- Saddle Fitting
 - Saddle placement
 - Sweat marks
 - Importance of accessing saddle fit whilst horse is in motion
 - One saddle will not necessarily fit every horse, even with a changeable gullet



FACILITATOR: NATALIE SMITH

Natalie has been an accredited Equinology Equine Body Worker since 2004. She is a founding member of the International Equine Body Workers Association (IEBWA) Australian division. She has a successful Equine Massage business servicing clients in the Hawkesbury and Hills District of Sydney, through to the Central Coast and up into the Hunter Valley and Port Stephens areas.

Saturday 10th November, 2018 - 10:00am – 4:00pm

Hosts: Sonya Maher – "Cathallen Park" Bushells Ridge Road, Wyee

(Central Coast)

Cost: \$180.00

Contact: Natalie Smith Ph: 0411 113 045 or Sonya Maher Ph: 0405 552 659

OR Email natalie@equinemassage.com.au for a registration form.

Morning tea included.